



Clinical Experience

CommonWealth Center for Holistic Herbalism <i>Co-Founder, Clinical Herbalist</i>	2011 – present
Herbal Medics <i>Community Free Clinics to provide services and training to communities in underserved areas.</i> Coal River Valley, WV Cuauhtémoc, Mexico	2016 - 2018
American Well <i>Consulting Herbalist</i>	2011
Occupy Boston Health Tent <i>Volunteer Medic</i>	2011

Teaching & Speaking

CommonWealth Center for Holistic Herbalism <i>Co-Founder, Clinical Herbalist</i> Community classes, intensive programs, 3-year clinical training program. Wilderness first aid programs; survival/primitive skills classes. Webinar & video series courses.	2011 – present
MCPHS University & Northeastern University School of Pharmacy <i>Adjunct/Associate Faculty</i> Instructor for APPE PharmD students on rotation from MCPHS University and Northeastern University.	2011 - present
Herbstalk Led or co-presented classes on heartburn, chronic illness, men's reproductive health, ADD and autism, contemporary herbal practice, herbalism as street medicine, herbal history in the US, the caffeine herbs, phytochemistry, & business, clinical, and movement skills for herbalists.	2012 – 2021
Traditions in Western Herbalism Conference Co-presented classes on chronic illness, detoxification, Aspergers & autism, and birth control.	2012, 2013, 2015
American Herbalists Guild Symposium Co-presented classes on Lyme disease and chronic illness in underserved populations. Presented class on Oneirogenic Herbs & Dreaming.	2015, 2021
Integrative Medicine for the Underserved Co-presented a class on stress and trauma in underserved populations.	2015



Publications

<i>Herbal Medicine for Beginners</i> Althea Press	May 2018
Plant Healer Magazine 'The Caffeine Herbs'	Spring 2017
Northeast Herbal Association Journal 'Health Freedom for Herbalists'	Winter 2016
Plant Healer Magazine 'Toxins and Terrain: A Four-Elements Model of Detoxification'	Summer 2013

Education

MovNat MovNat Master Trainer – L1, L2, L3, Combatives, & Aquatics	2018-2021
Boston Street Medics Street Medic Training (20 hours)	July 2014
The Human Path Combat Medic & Wilderness First Responder	March 2014
North American Institute of Medical Herbalism Clinical Skills Intensive & ongoing mentorship	2011 - ongoing
Katja Swift, Clinical Herbalist Personal Apprenticeship	2009 – 2011
Boston School of Herbal Studies Apprenticeship Program & Advanced Training Program	2009 – 2010
Northeastern University Bachelor of Arts, Literature/Philosophy, <i>summa cum laude</i>	2000 - 2005

Related Work

Herbal Medics <i>Board Member, Co-founder of the Boston Chapter</i> A non-profit dedicated to the dissemination and application of herbal, first aid, and sustainability skills in underserved communities and post-disaster situations.	2015 – present
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